

## **PATIENT INFORMATION SHEET**

Before your initial visit please complete the Client Intake form, this Patient Information form, and read and sign acknowledgement of the HIPAA regulations form. Please mail or bring these forms with you on your initial visit.

### **APPOINTMENTS**

Appointments will be scheduled at a time acceptable to both the patient and the therapist and last 53 minutes. Typically, clients are seen once a week.

### **FEES**

#### ***Federal Truth in Lending Disclosure Statement for Professional Services***

##### **Part One - Fees for Professional Services**

I (we) agree to pay Debra Alper, LCSW of Life Transitions Counseling, PLLC, a rate of **\$ 180** per clinical unit (defined as 53 minutes session) for counseling. Payment is due at the time of the session by cash or check.

##### **Part Two - Cancellation Policy**

There is a 24 hours' notice cancellation policy. If you cancel a scheduled appointment with less than 24-hour notice, you will be charged a \$180 cancellation fee. Our scheduled time is reserved exclusively for you, and if cancelled with less than a 24-hour notice, the time is lost. As all of us have unexpected situations and emergencies that come up in life, so it is important that I enforce this policy, regardless of exception, for all my clients.

##### **Part Three - Clients using Medical Insurance**

If insurance is being used for reimbursement of the session costs, it is the client's responsibility to contact their insurance company. I am in network with BCBSIL PPO. All co-pays and co-insurance payments are due at the end of every session. Any late cancelled sessions or missed sessions cannot be submitted to insurance and the client will be responsible for payment directly to me of my full fee of \$180 before our next scheduled appointment. If I am not a part of your insurance network and you want to submit out of network receipts, I will provide you with a monthly statement that contains all the relevant information about the session, dates of service, charge and amount paid and your diagnosis and treatment codes. You will then be able to submit the statement to your insurance company for reimbursement directly to you.

**I HEREBY CERTIFY that I have read and agree to the conditions and have read the Federal Truth in Lending Disclosure Statement for Professional Services.**

**I HAVE READ THIS PATIENT INFORMATION SHEET AND UNDERSTAND THE REQUIREMENTS AND RULES OF THIS OFFICE. I AGREE TO THE TERMS THEREIN AND GIVE MY CONSENT TO THE EVALUATION / TREATMENT PROCESS WITH Debra Alper, LCSW**

**Person responsible for account:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_